



Congenital Heart Disease Resource Services.

Congenital heart disease (CHD) is the most common type of birth defect. There are many different types of CHD; some affect the heart while others affect the valves or blood vessels. Each year, about 40,000 children in the U.S. are born with CHD. These children may need multiple surgeries and a lifetime of medications to keep their hearts working.*

Your health plan offers Congenital Heart Disease Resource Services (CHDRS), at no additional cost to you as part of your benefit plan. This gives you access to leading treatment providers through the CHD Centers of Excellence (COE) network. Receiving services through these providers means you get care based on best practices from professionals with extensive expertise in treating CHD.

Specialized support.

In addition to COE network access, eligible members are paired with a CHD nurse case manager. They can help you understand your benefits and help make sure you get the care you need. Throughout the process, they'll work with you and your family, your doctors and your treatment facility.

Choosing a CHD Centers of Excellence provider.

CHDRS created strict standards for complex medical care providers. Selected programs are reviewed and chosen based on the following criteria:

- Total number of CHD procedures (including highly complex procedures).
- Clinical outcomes (such as discharge mortality and morbidity).
- Surgeon qualifications (must have at least five years' experience and meet annual case volume requirements).

Coverage for CHD services is based on your health plan's eligibility requirements and coverage guidelines. For more information, please refer to your benefit document.

If you have any benefit questions, contact the number on your health plan ID card.



Questions?

Please call if you have questions on
Congenital Heart Disease or CHDRS.
1-866-534-7209



*Centers for Disease Control and Prevention. Data and statistics. <http://www.cdc.gov/ncbddd/heartdefects/data.html>. Updated Dec. 22, 2015. Accessed Aug. 10, 2016.

This program should not be used for emergency or urgent care needs. In an emergency, call 911 or go to the nearest emergency room. The information provided through the nurse support service is for informational purposes only and provided as part of your health plan. The nurse cannot diagnose problems or recommend treatment and is not a substitute for your doctor's care. Please discuss with your doctor how the information provided is right for you. Your health information is kept confidential in accordance with the law. This nurse support service is not an insurance program and may be discontinued at any time. The Centers of Excellence (COE) program providers and medical centers are independent contractors who render care and treatment to health plan members. The COE program does not provide direct healthcare services or practice medicine, and the COE providers and medical centers are solely responsible for medical judgments and related treatments. The COE program is not liable for any act or omission, including negligence, committed by any independent contracted health care professional or medical center.

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